



Interscholastic Sports Physical Education High School Waiver Request Form

Directions: Read carefully. Complete the form after the sport seasons have been successfully completed. Coaches for a student to be eligible they must have completed a full season.

A full season (in the FHSAA sport) is defined as attendance and participation in both the practices and competitive events from the allowable first day of practice as designated by the FHSAA to the elimination of a team from the FHSAA tournament competition. A minimum of 95% attendance at both practices and events will be required to meet this requirement. Since the FHSAA states the student must have participated, an injured player that cannot participate in the majority of the season would not be eligible.

Section I

Student Name: _____

School Counselor: _____

Full Season 1

Sport: _____

What season did you participate:(i.e. Fall 2025) _____ Coaches Initials _____

Full Season 2

Sport: _____

What season did you participate: (i.e.Fall 2025) _____ Coaches Initials _____

***Cheer is considered an interscholastic sport when students participate in a competition season.**

Parent/Student Statement of Understanding Section II

- I understand that because I have participated for two full seasons in an interscholastic sport at the junior varsity or varsity level that I will not be required to take the one credit of HOPE.
- I understand that sports participation does not prevent me from taking physical education, and that I may elect to take HOPE and any approved Physical Education Elective for credit that will be applied to my GPA.
- I understand that I will not receive a grade or credit for the sport in which I participated. I will simply be granted a waiver for the HOPE graduation requirement.
- I understand the waiver of the physical education course does not affect the number of credits required for graduation and I must replace this course with an elective to meet the credits required for high school graduation.

Student Signature

As the parent or legal guardian of the student named above I permit my student to use the Hope Waiver for high school graduation. _____

Parent Signature

As the Athletic Director I verify that the student named above has completed 2 full seasons of the same interscholastic sport. _____

Athletic Director /Date